

Recommended Books for Families

Supporting a child with dyslexia can feel overwhelming, but you don't have to navigate the journey alone. These trusted books provide research-based information, practical strategies, and encouragement for parents, caregivers, and educators. Whether your child has recently been identified with dyslexia or you're looking to better support their learning, these resources are an excellent place to start.

Overcoming Dyslexia

By Dr. Sally Shaywitz, M.D.

Written by one of the world's leading dyslexia researchers, this comprehensive guide explains the latest brain research in language that is easy for families to understand. Dr. Shaywitz also provides practical guidance on recognizing dyslexia, understanding assessments, and finding effective interventions. This is one of the most highly recommended books for parents, teachers, and professionals.

The Dyslexia Empowerment Plan: A Blueprint for Renewing Your Child's Confidence and Love of Learning

By Ben Foss

Ben Foss shares both his personal experience growing up with severe dyslexia and practical advice for families. The book encourages parents to become strong advocates while helping children develop confidence, resilience, and an appreciation for their unique strengths.

Basic Facts About Dyslexia & Other Reading Problems

By Louisa Cook Moats & Karen E. Dakin

An excellent introductory guide that clearly explains what dyslexia is, how it affects reading development, and what warning signs to look for from preschool through adulthood. Written in family-friendly language, this book is a valuable resource for both parents and educators.

From Emotions to Advocacy: A Survival Guide to Special Education

By Peter Wright & Pam Wright

This practical guide helps families understand the special education process, educational rights, and how to effectively advocate for their child. It offers step-by-step guidance for navigating evaluations, Individualized Education Programs (IEPs), and school meetings with confidence.

The Dyslexic Advantage: Unlocking the Hidden Potential of the Dyslexic Brain

By Brock Eide, M.D. & Fernet Eide, M.D.

Rather than focusing solely on challenges, this book highlights the many strengths often associated with dyslexia. The authors describe different reasoning abilities commonly found in individuals with dyslexia and demonstrate how these strengths can lead to success in school, careers, and life.

Straight Talk About Reading

By Susan Hall & Louisa Moats

Ideal for parents whose child is struggling with reading but who are unsure why. This book explains the different reasons children experience reading difficulties and provides practical suggestions for supporting literacy development at home while becoming an informed advocate.

DyslexiaLand: A Field Guide for Parents of Children with Dyslexia

By Cheri Rae

A practical roadmap for navigating the public school system. Filled with real-life advice, proven strategies, and easy-to-follow guidance, this book helps parents confidently advocate for their child and access the services and support they need.

A Final Thought

The right information can make an enormous difference. Learning more about dyslexia empowers families to advocate effectively, support their child's unique learning profile, and foster confidence that extends far beyond the classroom.